

YMCA GEELONG - ALP WAG 2025 TIMETABLE

Phone: 03 5223 2714

Email: newtownstadium@ymca.org.au

2025 Classes Commence: Monday 1st July



. WAG classes are structured to prepare athletes for competitions. Athletes are required to commit to the required training hours, days and or times.

. Payments will be direct debited fortnightly.

. Gymstar classes are available for athletes who cannot commit to the required training hours, days and or times.

. Please contact rachel.crawford2@ymca.org.au for more information regarding the 2025 timetable.

VENUES

NEWTOWN: 25 - 33 Riversdale Road, Newtown, 3220

NORTH GEELONG: 110 Victoria Street, Baxter Rd, North Geelong VIC 3215

2025	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Total hrs	Direct Debit
ALP 7-10 Coach: Rachel & Fattah	4:30-8:30pm Venue: Newtown		4:30-8:30pm Venue: Newtown	4:30-8:30pm Venue: Newtown		8:00-12:00pm Venue: Newtown	16	\$345.60
	4:30-8:30pm Venue: Newtown		4:30-8:30pm Venue: Newtown			8:00-12:00pm Venue: Newtown	12	\$259.20
ALP 6 COACH: Emma	4:30-8:30pm Venue: Newtown	4:00 - 8:00pm Venue: Newtown		4:00 - 8:00pm Venue: North Geelong		11:00am - 3:00pm Venue: Newtown	16	\$345.60
	4:30-8:30pm Venue: Newtown	4:00 - 8:00pm Venue: Newtown				11:00am - 3:00pm Venue: Newtown	12	\$259.20
ALP 5	4:00 - 8:00pm Venue: North Geelong		4:00 - 8:00pm Venue: Newtown	4:00 - 8:00pm Venue: North Geelong		12:00pm - 4:00pm Venue: Newtown	16	\$345.60

COACH: Emily	4:00 - 8:00pm Venue: North Geelong		4:00 - 8:00pm Venue: Newtown			12:00pm - 4:00pm Venue: Newtown	12	\$259.20
ALP 4 COACH: Willow & Grace (Tessa Monday's, Thursdays)	4:00 - 8:00pm Venue: North Geelong	4:00 - 7:30pm Venue: Newtown		4:00 - 7:30pm Venue: Newtown		8:00am - 12:00pm Venue: North Geelong	15	\$324.00
	4:00 - 7:30pm Venue: North Geelong			4:00 - 7:30pm Venue: Newtown		8:00am - 11:00am Venue: North Geelong	10	\$216.00
ALP 3 CLASS 1 COACH: Stella		4:00 - 7:30pm Venue: North Geelong		4:00-7:00pm Venue: North Geelong		8.00am - 11:30am Venue: Newtown	10	\$216.00
ALP 3 CLASS 2 COACH:		4:00 - 7:30pm Venue: Newtown			4:00-7:00pm Venue: Newtown	12:30pm - 4:00pm Venue: North Geelong	10	\$216:00
ALP 2 CLASS 2 COACH: Tessa			4:00 - 7:00pm Venue: North Geelong		4:00 - 7:00pm Venue: Newtown		6	\$157.20